

MOTHER-TEEN ART SESSION PACKING LIST

Clothing

2-3 pairs long pants
2-3 pairs shorts (modest)
Church clothes & shoes
4 pairs socks
1 pair work shoes
1 pair hiking shoes
1 pair water shoes / sport sandals
3 short-sleeved shirts
2 long-sleeved shirts
4 pair underwear
Poncho or raincoat
Sun hat
1 warm jacket
1 sweatshirt
1 pair pajamas
Work gloves
Modest swimsuit

Equipment

Sunglasses
Water bottle
Sleeping bag and pad
Pillow
Flashlight
At least 1 day pack per family

Personal Items

Towel
Soap
Shampoo
Deodorant
Sunscreen
Insect repellent
Toothbrush
Toothpaste
Pads or tampons
Chapstick
Laundry bag
Scriptures (non electronic)

Optional Items

Journal
Books
Musical instrument
Sheet music
Camera
Stationery, pen, stamps
Drawing materials or other art supplies

As you pack we ask that you avoid styles that emphasize or draw inappropriate attention to your physical body instead of who you are. Your respect for yourself and others will increase as you honor your body through your appearance and dress.